

REFRESH & RENEW



Your Guide for
an Organized Home

WELCOME TO YOUR JOURNEY TOWARDS A MORE ORGANIZED AND SERENE HOME!

In this handout, I'll guide you through simple yet effective strategies to declutter, organize, and refresh your living spaces. The goal is not just a tidy home, but a renewed sense of peace and functionality in your daily life.

SECTION

01

UNDERSTANDING YOUR SPACE

- Start by walking through each room of your home and noting areas that feel cluttered or dysfunctional.
- Consider how you use each space and what changes would improve its functionality.
- Visualize your ideal space: What does it look like? How does it feel to be in that space?



SECTION

02

DECLUTTERING MADE SIMPLE

- Begin with one room or even one area within a room. Starting small can prevent feeling overwhelmed.
- Sort items into categories: Keep, Donate, Discard, and Unsure. Give yourself permission to let go of things that no longer serve you.
- For sentimental items, consider if they bring joy or are merely occupying space. It's okay to cherish memories without keeping every physical item.



TIP: Set a timer for short bursts of decluttering (e.g., 20 minutes) to maintain focus and energy.



SECTION 03

SMART STORAGE SOLUTIONS

- In the kitchen, use drawer dividers for utensils and stackable shelves for cabinets to maximize space.
- In living and family rooms, consider multi-functional furniture like ottomans with storage or built-in bookcases.
- For bedrooms, under bed storage can be a hidden gem for seasonal clothing or extra linen.
- Use clear bins for easy identification of contents and label everything.



SECTION

04

CREATING A PERSONALIZED ORGANIZATION SYSTEM

- Develop a system that aligns with your daily routines. For example, create a designated spot for keys and mail near your entryway.
- Implement a “15-minute tidy-up” routine each night to maintain order.
- Involve household members by assigning specific tasks or areas for each person to maintain.



SECTION 05

REFRESHING YOUR SPACE

- Give your space a fresh look with small changes like new cushion covers, a plant, or rearranging furniture.
- Use lighting, whether natural or artificial, to create a warm and welcoming atmosphere.
- Regularly reassess your space to ensure it remains a reflection of your current needs and tastes.



Congratulations on taking the first step towards a more organized and peaceful home. Remember, organization is an ongoing journey, not a one-time task. Embrace the changes and enjoy your refreshed and renewed living space!



Let's Connect!

As you consider making these home improvements, remember that I am here to help. If you need recommendations for local contractors or have questions about how these upgrades might affect the value of your home, don't hesitate to reach out.

Wishing you a wonderful start to the new year filled with joy, prosperity, and a home you love even more.